

**Second Thursday of each
Calendar Month
10.30 -12 Noon**

**St Peter's Church Hall,
Roberts Road,
Greatstone,
TN28 8RG**



*Welcome
refreshments served
with a smile and information to
digest, helping you to live well in
Littlestone, Greatstone, Lydd-
on-Sea and Dungeness*

*Your donations are always
welcome, helping us deliver this
Dementia Café service, thank
you for your support.*



Useful Links

Alzheimer Society: 0330 3330804
www.alzheimers.org.uk

**National Dementia Helpline:
0300 222 1122**

**Kent Dementia Helpline:
0800 500 3014**

Admiral Nurses: 0800 888 6678
email: helpline@dementiauk.org

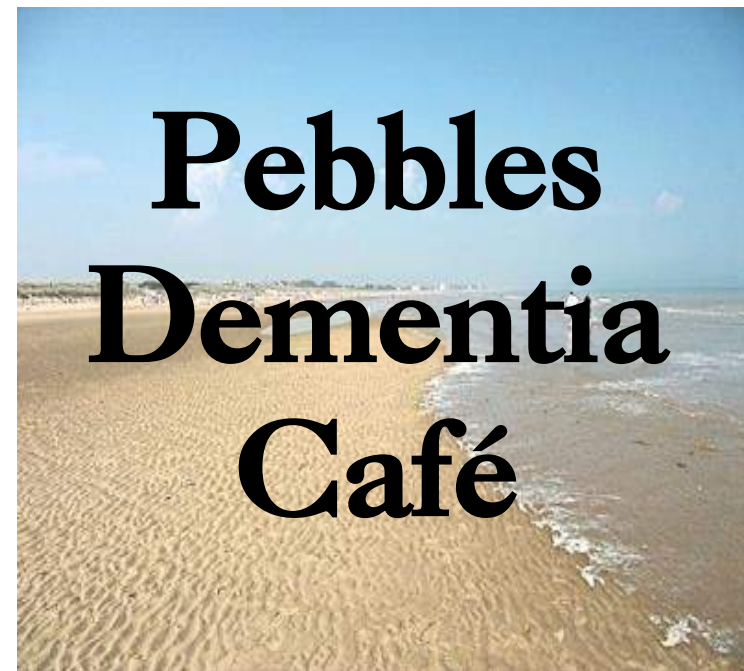
**Romney Marsh Day Centre:
01797 363888**
www.rmhc.org.uk

**BBC Music Memories:
www.musicmemories.bbcrewind.co.uk**

CARM: 01233 758122
www.carmromneymarsh.org.uk

Pebbles Dementia Cafe is independent and operates for the Coastal Communities of New Romney and Lydd, hiring local premises for its Services.

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Pebbles Dementia Café

*Supporting Coastal
Residents*



*Living with Dementia,
Their Carers and Friends*



Public liability: Charity Shield 21/MCS/0337529

What's a Dementia Café?

For those living with dementia, their carers or friends, it's an opportunity to share experiences in a supportive and sensitive environment. The principle of a Dementia, Alzheimer or Memory Cafe was first developed and opened in The Netherlands during 1997.

Here in the UK the Alzheimer Society operates and helps Dementia Groups, such as giving their support to our Pebbles Café service. It's also a place where you may find some guidance and helpful information on services that you may not be aware of, which could all help you to 'live well' in the Community.

Pebbles Contacts



Pebbles Dementia Café
Mrs Wendy Richley
12 Bramley Way
New Romney, TN28 8FE
01797 364555

Co-ordinator, Registered Nurse and Training

Ms Rochelle Saunders

Treasurer, Publicity and Safety

01797 366102



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At Pebbles Café

- **F**ree café entry to a friendly atmosphere for Tea /Coffee, Biscuits and a Chat
- **T**alking therapy of sharing with other café clients who are also living with Dementia or their Carers.
- **A**vailability to supporting information across Health Services, home adaption guidance and Wellbeing Assistance.
- **O**pportunity to talk over your concerns with a staff member, or arrange a one-to-one with the Alzheimer's Society Support Services or NHS Care Navigation.
- **R**eceive information and guidance from guest speakers, across a range of relevant topics helping you to 'living well'.
- **P**articipate in projects, if you wish designed to help support your 'living well' with Dementia and Carers also manage their own wellbeing.



Pebbles Principles

Our mission is to offer a safe and supportive environment for socialising to those living with Dementia, their Carers and Friends encouraging their shared experiences, helping facilitate community support for living well

Our governance follows a Constitution and Risk Assessment with Personal data security conforming to GDPR regulation.

Finances are strictly (not for profit) supported by Café Donation and external Grant Funding, operated through a Business Banking account with Lloyds Bank.. Public and Employee Liability Insurance cover is arranged through a Charity Shield policy from the Methodist Insurance PLC.

